

WEEKEND PACKAGES

1 Day Pamper Package \$240 per person	Overnight accommodation with ensuite and cooked breakfast in the morning one massage, one facial, spa, walk to the shops for your lunch and dinner
1 Day Indulgent package \$300 per person	Overnight Accommodation with ensuite and cooked breakfast in the morning one massage, one facial, spa, yoga, meditation and evening meal
1 Day Rejuvenation package \$265 per person	Overnight accommodation with ensuite and cooked breakfast in the morning massage, yoga, meditation, spa, guided forest walk, oxygeniser, evening meal
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2 Day Pamper Package \$335 per person	Overnight accommodation with ensuite, cooked breakfast both mornings one massage, one facial, spas, walk to shops for your lunch and dinner
2 Day Indulgent Package \$420 per person	Overnight accommodation with ensuite, cooked breakfast both mornings one massage, one facial, spas, yoga, meditation, evening meals both nights
2 day Rejuvenation package \$535 per person	Overnight accommodation with ensuite, cooked breakfast both mornings two massages, yoga, meditation, one forest walk, two oxygeniser, two evening meals, the slim advantage program

MIDWEEK - ONE TO SEVEN DAY PACKAGES

1 Day Pamper Package \$195 per person	Overnight accommodation with ensuite and cooked breakfast in the morning massage, one facial and spa. Walk to shops for your own lunch and dinner
2 Day Pamper Package \$290 per person	Overnight accommodation with ensuite, cooked breakfast both mornings, one massage, one facial and spas, walk to shops for you own lunch and dinner
3 Day Pamper Package \$385 per person	Overnight accommodation with ensuite, cooked breakfast each morning, one massage, one facial and spas, walk to shops for your own lunch and dinner
4 Day Pamper Package \$480 per person	Overnight accommodation with ensuite, cooked breakfast each morning, one massage, one facial and spas, walk to shops for your own lunch and dinner
5 Day Pamper Package \$620 per person	Overnight accommodation with ensuite, cooked breakfast each morning, two massages, one facial, and spas walk to shops for your own lunch and dinner
6 Day Pamper Package \$760 per person	Overnight Accommodation with ensuite, cooked breakfast each morning three massages, one facial and spas, walk to shops for your own lunch and dinner
7 Day Pamper Package \$900 per person	overnight Accommodation with ensuite, cooked breakfast each morning, three massages, one facial and spas, walk to shops for your own lunch and dinner
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1 Day Indulgent Package \$255 per person	Overnight accommodation with ensuite with cooked breakfast, one massage, one facial, spa one yoga, one meditation and evening meal.
2 Day Indulgent Package \$375 per person	Overnight accommodation with ensuite, cooked breakfast both mornings, spas one massage, one facial, one yoga, one meditation, evening meal both nights
3 Day Indulgent Package \$495 per person	Overnight accommodation with ensuite, cooked breakfast each morning, spas, one massage, one facial, one yoga, one meditation, evening meal each night.
4 Day Indulgent Package \$615 per person	Overnight accommodation with ensuite, cooked breakfast each morning, spas one massage, one facial, one yoga, one meditation, evening meal each night
5 Day Indulgent Package \$780 per person	Overnight accommodation with ensuite, cooked breakfast each morning, spas two massages, one facial, one Yoga, one meditation, evening meal each night
6 Day Indulgent Package \$1015 per person	Overnight accommodation with ensuite, cooked breakfast each morning, three massages, one facial, three yoga, three meditation, spas, six evening meals.

7 day Indulgent Package \$1185 per person	Overnight accommodation with ensuite, cooked breakfast each morning, three massages, one facial, three yoga, three meditation, spas, seven evening meals
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1 Day Rejuvenation Package \$220 per person	Overnight accommodation with ensuite, cooked breakfast, massage, yoga, meditation, spa, guided forest walk, oxygeniser, evening meal.
2 Day Rejuvenation Package \$505 per person	Overnight accommodation with ensuite, cooked breakfast both mornings, two massages, yoga, meditation, spas two guided forest walks, two oxygeniser, two evening meals The Slim Advantage Program by Dr John Tickell
3 Day Rejuvenation Package \$690 per person	Overnight accommodation with ensuite, cooked breakfast each morning, three massages, yoga, meditation, spas three guided forest walks, 3 oxygeniser, three evening meals The Slim Advantage Program by Dr John Tickell
4 Day Rejuvenation Package \$825 per person	Overnight accommodation with ensuite, cooked breakfast each morning, three massages, yoga, meditation, spas, four guided forest walks, 3 oxygeniser, four evening meals, The Slim Advantage Program by Dr John Tickell
5 Day Rejuvenation Package \$960 per person	overnight accommodation with ensuite, cooked breakfast each morning, three massages, yoga, meditation, spas, five guided forest walks, 3 oxygeniser, five evening meals, The Slim Advantage program by Dr John Tickell
6 Day Rejuvenation Package \$1170 per person	Overnight accommodation with ensuite, cooked breakfast each morning, three massages, three yoga, three meditation, spas six guided forest walks three oxygeniser, six evening meals, The Slim Advantage Program
7 Day Rejuvenation Package \$1350 per person	Overnight accommodation with ensuite, cooked breakfast each morning, three massages, three yoga, three meditation, spas, seven guided forest walks, three oxygeniser, seven evening meals, The Slim Advantage by Dr John Tickell

TWO AND THREE WEEK PACKAGES

2 Week Pamper Package \$1710 per person	Overnight accommodation with ensuite, cooked breakfast each morning, four massages, two facials, spas walk to the shops for your own lunch and dinner
2 Week Indulgent Package \$2320 per person	Overnight accommodation with ensuite cooked breakfast each morning, five massages, two facials, six yoga, six meditation, spas, evening meals each night
2 Week Rejuvenation Package \$2596 per person	Overnight accommodation with ensuite, cooked breakfast each morning, six massages, six yoga and meditation, spas, 14 guided forest walks, six oxygeniser, fourteen evening meals The Slim Advantage by Dr John Tickell
3 Week Pamper Package \$2565 per person	Overnight accommodation with ensuite, cooked breakfast each morning, six massages, three facials, spas, walk to shops for your own lunch and dinner
3 Week Indulgent Package \$3420 per person	Overnight accommodation with ensuite cooked breakfast each morning, seven massages, three facials, spas, eight yoga and meditation, 21 evening meals
3 Week Rejuvenation Package \$3845 per person	Overnight accommodation with ensuite, cooked breakfast each morning, nine massages, nine yoga and meditation, spas, 21 guided forest walks, nine oxygeniser, twenty one evening meals The Slim Advantage by Dr John Tickell

Prices will be given on application for four week and longer stays.

Packages to suit the individuals needs and pocket are gladly quoted.

Discounts apply to rooms with a private bathroom rather than an ensuite.